

Midland Basin Acquisition – August 2022









NYSE: NOG

DISCLAIMER



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Forward-Looking Statements

This presentation contains forward-looking statements regarding future events and future results that are subject to the safe harbors created under the Securities Act of 1933, as amended (the "Securities Act"), and the Securities Exchange Act of 1934, as amended (the "Exchange Act"). All statements other than statements of historical facts included in this presentation regarding Northern Oil and Gas, Inc.'s ("NOG," "we," "us" or "our") financial position, common stock dividends, business strategy, plans and objectives of management for future operations, industry conditions, capital expenditures, production, cash flow, hedging and other matters are forward-looking statements. When used in this presentation, forward-looking statements are generally accompanied by terms or phrases such as "estimate," "guidance," "project," "predict," "believe," "expect," "continue," "anticipate," "target," "could," "plan," "intend," "seek," "goal," "will," "should," "may" or other words and similar expressions that convey the uncertainty of future events or outcomes. Items contemplating or making assumptions about actual or potential future sales, market size, collaborations, and trends or operating results also constitute such forward-looking statements.

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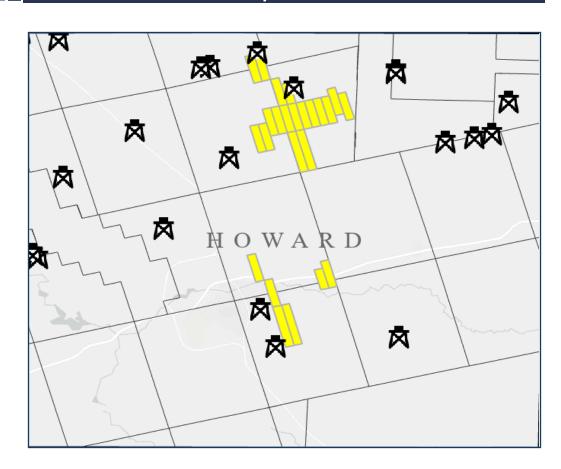
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MIDLAND BASIN ACQUISITION HIGHLIGHTS



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Midland Basin Locator Map



Key Statistics

- ✓ Net Acreage: ~1,600
- ✓ Current Production: >1,600 Boepd (87% oil)
- ✓ NTM Expected Production: >1,800 Boepd (86% oil)
- ✓ PDP (Net): 6.4
- ✓ WIPs (Net): 1.6
- ✓ Future Locations: ~8.0
- \checkmark NTM (10/1/22 9/30/23) Cash Flow from Ops: ~\$48MM⁽¹⁾
- ✓ Expected Closing Date: October 2022

Operator

- Wells operated by SM Energy
 - √ Top 5 ranked in ESG by Enverus⁽²⁾

SM ENERGY

⁽¹⁾ Based on commodity pricing strips as of 8/15/22.

⁽²⁾ Source: Enverus "ESG Compass 3Q22" published August 8, 2022.

MIDLAND BASIN ACQUISITION HIGHLIGHTS



High Quality, High Oil Cut, Low Breakeven Assets with Upside

Deal Highlights

- Off-market, directly negotiated transaction with a Permian Basin operator
- ✓ High quality assets with lower unit costs and higher oil cuts than NOG's corporate average
 - ✓ Highly economic, low breakeven inventory in the core zones Wolfcamp A and Lower Spraberry
 - Rig currently on location
 - ✓ All locations are 2-to-3-mile laterals
 - ✓ Average breakeven economics for core zones of less than \$40.00 per barrel
 - ✓ Significant additional inventory in the Middle Spraberry and potential in lower Wolfcamp zones

Financial Highlights

- ✓ Expected to be accretive to TEV / EBITDA, earnings per share, free cash flow and cash flow per share over a multi-year period
 - ✓ Free cash flow positive immediately and throughout period, with near-term growth
- ✓ NOG still expects to exit 2022 with a <1.0x leverage ratio
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- ✓ NOG does not anticipate raising Capital Expenditure guidance for the acquisition.

Source: NOG Management projections.

NOG'S CONSISTENT STRATEGY DELIVERS RESULTS



NOG Bolts on Steady, Growing Cash Flows and Volumes; Boosts Midland Basin Presence

Compelling Valuation, High-Quality Development & Inventory

High Oil Cuts and Lower Unit Costs than NOG's Total Corporate Average

Core Near-Term Development in the Premier Basin of the United States

Simple Cash Financing Boosts Per Share Values

NOG Expects Minimal Effect to Leverage Ratios

HEDGE PROFILE - SWAPS



> NOG continues to execute a strategy built around the safeguard of returns during a commodity down-cycle, while retaining flexibility to capture the opportunistic upside

CRUDE OIL DE	RIVATIVE PRICE	SWAPS - NYMEX			NATURAL GA	AS DERIVATIVE PRICE SWAPS - NYMEX		
	Contract Period	Barrels Per Day (Bbls/d)	Total Hedged Volumes (Bbls)	Weighted Average Price (\$/BbI)	Contract Period	Million British Thermal Units Per Day (mmbtu/d)	Total Hedged Volumes (mmbtu)	Weighted Average Price (\$/mmbtu)
2022 ⁽¹⁾ :	Q3	30,850	2,838,200	\$63.78	Q3	105,000	9,660,000	\$3.175
	Q4	30,400	2,796,800	\$64.17	Q4	99,891	9,190,000	\$3.537
	Avg./Total	30,625	5,635,000	\$63.98	Avg./Total	102,446	18,850,000	\$3.352
2023 ⁽¹⁾ :	Q1	20,525	1,847,250	\$73.31	Q1	73,111	6,580,000	\$3.976
	Q2	20,000	1,820,000	\$75.83	Q2	30,330	2,760,000	\$3.974
	Q3	15,625	1,437,500	\$77.52	Q3	30,000	2,760,000	\$4.038
	Q4	15,000	1,380,000	\$76.26	Q4	25,620	2,357,000	\$4.064
	Avg./Total	17,766	6,484,750	\$75.58	Avg./Total	39,608	14,457,000	\$4.002
2024 ⁽¹⁾ :	Q1	7,075	643,825	\$78.10	Q1	16,813	1,530,000	\$3.869
	Q2	7,050	641,550	\$77.04	Q2	17,187	1,564,000	\$3.869
	Q3	6,875	632,500	\$75.34	Q3	17,000	1,564,000	\$3.869
	Q4	2,825	259,900	\$69.63	Q4	11,272	1,037,000	\$3.869
	Avg./Total	5,950	2,177,775	\$75.98	Avg./Total	15,560	5,695,000	\$3.869

This table does not include volumes subject to swaptions, basis swaps, and call options, which could increase the amounts of volumes hedged at the option of NOG's counterparties. For additional information, see Note 11 to our financial statements included in our Form 10-Q filed with the SEC for the year ended June 30, 2022.

HEDGE PROFILE – COLLARS



> NOG continues to execute a strategy built around the safeguard of returns during a commodity down-cycle, while retaining flexibility to capture the opportunistic upside

CRU	DE OIL DERIN	ATIVE COLLARS			NATURAL GAS DERIVATIVE COLLARS				
	Contract Period	Barrels Per Day (Bbls/d)	Price Ceiling (\$/BbI)	Price Floor (\$/Bbl)	Contract Period	Million British Thermal Units Per Day (mmbtu/d)	Price Ceiling (\$/mmbtu)	Price Floor (\$/mmbtu)	
2022 ⁽¹⁾ :	Q3	-	-	-	Q3	10,000	\$7.500	\$3.500	
	Q4	-	-	-	Q4	10,000	\$7.500	\$3.500	
	Avg./Total	-	-	-	Avg./Total	10,000	\$7.500	\$3.500	
2023 ⁽¹⁾ :	Q1	3,000	\$94.42	\$80.00	Q1	30,000	\$6.553	\$4.000	
	Q2	3,000	\$87.67	\$80.00	Q2	50,000	\$6.376	\$4.150	
	Q3	3,000	\$87.67	\$80.00	Q3	50,000	\$6.376	\$4.150	
	Q4	3,000	\$87.67	\$80.00	Q4	60,000	\$6.648	\$4.083	
	Avg./Total	3,000	\$89.33	\$80.00	Avg./Total	47,589	\$6.490	\$4.105	
2024 ⁽¹⁾ :	Q1	1,375	\$83.25	\$73.64	Q1	10,000	\$8.010	\$3.750	
	Q2	1,375	\$83.25	\$73.64	Q2	-	-	-	
	Q3	1,375	\$83.25	\$73.64	Q3	-	-	-	
	Q4	1,375	\$83.25	\$73.64	Q4	-	-	-	
	Avg./Total	1,375	\$83.25	\$73.64	Avg./Total	2,486	\$8.010	\$3.750	

^{1.} This table does not include volumes subject to swaptions, basis swaps, and call options, which could increase the amounts of volumes hedged at the option of NOG's counterparties. For additional information, see Note 11 to our financial statements included in our Form 10-Q filed with the SEC for the year ended June 30, 2022.